



Workshop Overview

NLP is a technology and an approach that comes from the study of human excellence. It combines different disciplines that show you how to monitor thinking and adapt behaviour in order to achieve outstanding results. You will discover how to mine your own resources to gain deeper rapport with people and develop the skills of top communicators.



Benefits

You will discover how to mine your own resources to gain deeper rapport with people and develop the skills of top communicators. You will learn how to incorporate NLP into your life to create more motivation in yourself, make better decisions, be more confident and much more.

Outcomes & Content

- ✓ NLP explained
- ✓ Learn how to gain more confidence
- ✓ How to use language to communicate
- ✓ Use NLP techniques to handle difficult people
- ✓ Build better rapport with clients & customers
- ✓ Adapt your beliefs and perform at your best



Who should attend ?

This course is suitable for people working in any profession who wish to improve their communication skills, confidence and understanding of the way people behave. This course is set out as an introduction to NLP and so is suitable for people of all abilities and at all levels of employment.

